



I'M NOMAD TRAVEL AGENCY

Adventure * Culture * Nature

Central Asia - Kyrgyzstan



Trekking in Kyrgyzstan 01 –
17 days

Transport: A/C, Total
2350km

Trip season : From June till
beginning of September

I'm Nomad invites you to explore the unknown region of the Central Asia. This 17 days program will guide you through the fabulous places of Kyrgyzstan, the Empire of Nomads. The lakes, rivers, canyons and mountains meadows are yours playground and the charming hospital Kyrgyz people are your neighbor. Our professionals staff takes care of your successful holidays. Welcome to Kyrgyzstan.

Program:

Day 1	Transfer Bishkek – Chon Kemin: Meeting at the Manas International airport with guide translator and driver. Transfer to the guesthouse, rest and shower. Lunch and briefing in the typical restaurant in Bishkek. Transfer to Burana, the ancient capital of Central Asia "Balasagun" visiting the park, the small museum and the minaret. Then transfer to Chon Kemin Valley. Dinner and night in a local homestay.	140 km transfer by car. Accommodation in homestay. B/L/D.
Day 2	Trek Chon Kemin – Kogur lake: In the morning after breakfast walk to the canyon of the Chon Kemin river, we walk to the lake Kogur 2500m. alt. Lunch on the nature with the panoramic view. Dinner and overnight in tents. Alt. 2500m.	7/8 of trekking Camping. B/L/D.
Day 3	Trek Koel Toer pass – Issyk Kul lake – Karakol (180km): In the morning, we cross the pass at 3380m. Alt. and we go down with a magnificent view of the lake Issyk-Kul and range Terskey-Ala too reaching over 5200 meters. In the afternoon, we reach our vehicle and we drive along the northern shore of Issyk-Kul, "warm lake", the second largest alpine lake in the world after Titicaca. We drive to Karakol, late arrival. Dinner and overnight in the guesthouse.	4/5h of trekking 180km transfer by car Camping B/L/D
Day 4	Transfer to Jeti-Oguz valley – trek to the Teleti valley: In the morning we drive to the west direction of Karakol. 40 minutes transfer. We arrive to the Jeti-Oguz Valley, for the trek. We walk along the river Jeti-Oguz. Arrival to the entrance of the valley of Asan-Tukum. Overnight in tents at 2800m. 5h.	5/6h of trekking Camping. B/L/D.
Day 5	The Archa-Tor pass, 3850m.: Today we hike to the pass of Archa-Tor at 3850m. Picnic on the way. Descent into the valley of Kashka-Tor. Overnight and dinner in tent camp.	6/7h of trekking Camping B/L/D
Day 6	The glacier of Kashka-Tor – Chon Kizil Suu valley: After breakfast we go up to the lake of Kashka-Tor. The goal is to get glacier of Kashka-Tor. Picnic. Down by the same road. Reaching the Chon Kizil-Suu river, then we walk up along the river. Overnight in tents at 2700m., at the foot of the Savatar pass.	7/8h of trekking Camping B/L/D
Day 7	The Savatar pass 3750m.: Start early morning. Today we have a long and difficult day. The start is steep and the trek follows the slope of the mountains. Picnic at the foot of the pass. Attack of the sandy pass. Stop on the top, a wonderful view opens for us. Descent into the valley of KichiKyzyl-Suu. Night at the entrance of the forest, at 2900m.	7/8h trekking Camping. B/L/D.
Day 8	The Jumatay pass – Jukuchak valley: Early morning, we attack the pass, which rises at 3325m. Descent to the forest with a small narrow valley. Overnight in tents along the river. Opportunity to enjoy the hot spring, almost 39 ° C. Overnight in tents.	6/7h of trekking Camping B/L/D

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Day 9 / Day 10	Transfer to the Son-Kul lake: Early morning our driver will pick us up at the camp. Load luggage in the car. The equestrian guide goes home with horses. On the way, visit the eagle hunter, Kochkor village and hand craft center. Lunch in the local family house. Following road to Kalmak-Ashu at 3340m. Jewel of Kyrgyzstan, Son-Kul Lake, situated at 3016m, is a paradise for Kyrgyz shepherds and for nature lovers. At the end of the day arrival to the lake. Second day on the shore of the lake, we spend to discover the shepherd's life. Opportunity to walk around the yurt camp. Lunch, dinner and overnight in yurt camps.	320km transfer by car Yurt camp. B/L/D.
Day 11	Transfer to Jalalabat: In the morning we take our vehicle to reach the pass of Moldo-Ashu at 3100m. Picnic in the Kazarman village. The road is in poor condition. Crossing the Keuk Art pass to reach the Jalalabat city. Dinner in the typical uzbek restaurant. Overnight in the local family house.	300km transfer by car Guest house. B/L/D.
Day 12	Transfer to Kizil-Unkur valley: Morning visit of the local market to buy the food for the trekking. Following road to the village of Kizil-Unkur, meadows of Arslanbob, the largest forest nuts. Arrival to the valley. Meeting and charging of the luggage on the horses.	100km transfer 3h of trekking Camping. B/L/D
Day 13	Trekking into the valley of Otuz Art: In the morning, we start our trekking into the valley of Otuz Art. «Art » means pass. Today we have hike in the forest across the few pass. Beautiful landscape, yellow and ocre red. In the evening, we reach our camping near the charming kyrgyz shepherd's family. Overnight and dinner in the tent at 2320m.	7/8h of trekking Camping. B/L/D.
Day 14	Trekking to the pass of Bel-Monchok: After the good night in the tent camp, we start our trekking to the Pass of Bel-Monchok. The pass situated at 3220m above sea level. Lunch after the pass. Down to the lake of Kapka. Overnight and dinner on the south western shore of the lake 2300m.	7/8h of trekking Camping. B/L/D.
Day 15	Transfer to Toktogul: After the breakfast, we leave our horses. Walking along the river Kara-Suu till the end of the lake. Very long day. Picnic in the forest and possibility to swim in the lake. Our vehicle picks us up at the end of the lake. Transfer to Toktogul. Stroll downtown, accommodation in a home stay. Leisure, rest. Evening meal in the guest house. Shower.	6/7h of trekking 2h transfer by car Homestay. B/L/D.
Day 16	Transfer to Bishkek: After breakfast drive to Bishkek. The road is in good condition. Arrival to Bishkek, free time, opportunity to go to SPA. 280km. Overnight in a guest house.	280km transfer Guest house. B/L/D
Day 17	Flight to home. End of service!	30km transfer

Price per person \$

2 people	3 people	4 people	5 people	6 people
1890 \$/per	1570 \$/per	1400 \$/per	1290 \$/per	1230 \$/per

Price includes :

- ✓ All transfers,
- ✓ Guide translator, and equestrian guide,
- ✓ Accommodation,
- ✓ Full board,(all meals)
- ✓ Admission to the museums,
- ✓ Admission to the national parks,
- ✓ Rent of camping equipments,

Price doesn't include :

- Travel insurance,
- International air ticket and airport taxes,
- Alcohol and mineral waters,
- Taxes of bank,
- Additional services not mentioned in the program.
- Supplement price for single room: 40\$/person.

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- ✓ Rent of horses for luggage.

The notes

- The visa is not required for Swiss nationals, EU, Canadian and Japanese passport with at least 6 months valid for a period do not exceed 60 days. No mandatory vaccine.
- Payment of the trip, please read it in the Term&Conditions.
- Equipment for the trip, please read it in the Term&Conditions.
- Provide your personal medicament because the guide has only a basic pharmacy. Medicament for stomach, head ache, cold, external wounds.
- To do this trekking, you have to be experienced hikers.

Get unforgettable memories in Central Asia, Kyrgyzstan ! I'm Nomad Team

Your travel itinerary on the map Kyrgyzstan!



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